

Encontro Internacional de formadores em NBO e NBAS | NBO e NBAS International Trainers Meeting

Harvard Medical School | 2 a 4 de Novembro de 2015

Nos dias 2, 3 e 4 de Novembro, teve lugar um Encontro de formadores e futuros formadores em NBAS e NBO organizado pelo Brazelton Institute (Division of Developmental Medicine, Boston Children's Hospital, Harvard Medical School).

Este encontro contou com a participação de formadores da África do Sul, Alemanha, Austrália, Brasil, Chile, China, França, Dinamarca, Espanha, Estados Unidos da América, Filipinas, Holanda, Islândia, Itália, Japão, Nova Zelândia, Noruega, Portugal, Reino Unido, Suíça e Tailândia.

Durante os três dias do encontro, debateram-se as boas práticas de cada país na formação e aplicação das escalas NBO e NBAS, refletindo sobre o seu impacto no desenvolvimento e bem-estar de crianças e suas famílias.

O grupo português, liderado por João Gomes-Pedro, participou em todos os grupos de trabalho e workshops, partilhando a experiência de formação realizada pela Fundação Brazelton Gomes-Pedro para as Ciências do Bebê e da Família.

Com grande alegria de todos os participantes, Berry Brazelton participou ativamente nos três dias de formação apoiando e ajudando cada um a refletir sobre a forma como as escalas NBO e NBAS são fundamentais para compreender profundamente o temperamento de cada bebé a partilhá-lo, na sua singularidade, com cada família.

O Modelo Touchpoints contextualizou toda a abordagem, sublinhando-se a perspetiva relacional que, em conjunto com a desenvolvimental, o caracterizam.

Foram dias de grande aprendizagem em que, juntos, ampliamos e consolidamos a visão e missão que tanto nos entusiasma e anima – “Fomentar, desenvolver e difundir um novo paradigma de intervenção clínica inspirado num Modelo Relacional, no pressuposto de que favorecer o vínculo do bebé à sua Família tem repercussões significativas ao longo do Desenvolvimento.” (Missão da Fundação Brazelton Gomes-Pedro para as Ciências do Bebê e da Família)

Ana Teresa Brito

Foram oradores convidados:

Heidelise Als, Ph.D., Professor of Psychology, Harvard Medical School, has focused her life's research on the behavioral organization of the preterm and high risk infant. Director of Neurobehavioral Infant and Child Studies at Boston Children's Hospital, she is the author of the APIB (Assessment of Preterm Infants' Behavior) and the Newborn Individualized Developmental Care and Assessment Program (NIDCAP), an individualized, behaviorally-based developmental care model which is changing Newborn Intensive Care Units (NICUs) around the world.

T. Berry Brazelton, MD is Professor of Pediatrics, Emeritus, Harvard Medical School and Founder and President, Brazelton Touchpoints Center, Boston Children's Hospital. The author of the NBAS and more than 200 scientific papers and chapters, and 40 books, Dr. Brazelton is considered to be one of the foremost authorities on pediatrics and child development. In 2013, he was presented with the Presidential Citizens Medal by President Obama at the White House.

Jerome Kagan, Ph.D., the Daniel and Amy Starch Research Professor of Psychology, Emeritus at Harvard University, is one of the major developmental psychologists of our time. He was a pioneer in reintroducing physiology as a determinate of psychological characteristics. His groundbreaking research on the cognitive and emotional development of a child during the first decade of life focuses on the origins of temperament.

Charles A. Nelson, Ph.D., is Professor of Pediatrics at Boston Children's Hospital and also Professor of Pediatrics, Neuroscience, and Psychology at Harvard Medical School and a Professor in the Department of Society, Health, and Human Development in the Harvard T.H. Chan School of Public Health. His research interests are broadly concerned with developmental cognitive neuroscience, while his specific interests are concerned with the effects of early experience on brain and behavioral development

Leonard Rappaport, MD is the Mary Deming Scott Professor of Pediatrics and Chief of the Division of Developmental Medicine at Boston Children's Hospital. His research and clinical focus is on diagnosing and treating Autism Spectrum Disorders and the improvement of care for children who need ongoing treatment for issues such as ADHD, autism, depression, and asthma.

Jack P. Shonkoff, M.D., is the Julius B. Richmond Professor of Child Health and Development at the Harvard T.H. Chan School of Public Health and Harvard Graduate School of Education; Professor of Pediatrics at Harvard Medical School and Boston Children's Hospital; and Director of the university-wide Center on the Developing Child at Harvard University, whose mission is to bring credible science to bear on public policy affecting young children.

Participaram:

Australia & New Zealand - Campbell Paul, Susan Nicolson and Danielle Atkins

Brazil - Claudia Regina Lindgren Alves & Livia de Castro Magalhães

Chile - Regina Elton

China - Hui Li, Zhong Liang, Sui Qian

Denmark - Merethe Vinter

France - Drina Candilis & Marie Fabre-Grenet

Germany - Susanne Mudra

Iceland - Stefania Arnardóttir

Italy - Gherardo Rapisardi, Luca Migliacco, Fabia Banella, Maria Luce Cioni

Japan - Shohei Ohgi, Eiko Saito, Yukio Nagai, Mariko Iwayama

Netherlands - Louise Spanjerberg

Norway - Kari Slinning, Unni Tranaas Vannebo, Inger-Pauline Landsem

Philippines - Alexis Reyes & Rita Villadolid

Portugal – João Gomes-Pedro, Ana Teresa Brito e Rita Silveira Machado

South Africa - Katharine Frost, Nicki Dawson

Spain - Carme Costas, Maria Alvarez-Gomez, Alicia Alvarez-Garcia, Andrea Mancera-Jiménez

Switzerland - Nadia Bruschweiler-Stern & Laetitia Chansel

Thailand - Nittaya Kotchabkhakdi, Pat Rojmahamongkol, Pornchanok Wantanakorn

UK - Joanna Hawthorne, Betty Hutchon, Jeanette Appleton, Guillermina Marquine, Rita Hosni Al-Minyawi, Inge Nickell, Emily Hills, Deanna Gibbs, Maureen Lancaster, Emily Savage-McGlynn

USA - Berry Brazelton, Constance H. Keefer, Susan Minear, Lise Johnson, Yvette Blanchard, Beth McManus, Kristie Brandt, Jayne Singer, Claudia Quigg, Ann Stadtler, Gaylen Plant, Aditi Subramianam, Nina Burchen & J. Kevin Nugent